



Summer 2017 Aquatics Participant Packet

Thank you for your interest in participating in one of our many aquatics programs at HFAC. There are several options to choose: group lessons, private or semi-private lessons, adult private lessons, swim team, and more. Please fill out the attached registration form, and private swim agreement if you are wanting that option. Make sure to indicate what swim session, level, and time you are registering either yourself or your child for. If you plan to register for more than one session, please indicate next to each level which session you are choosing. Please submit your payment with your registration. If you are choosing private or semi-private lessons, please submit your registration and payment. You will then be assigned a swim coach, and they will contact you to make arrangements for your swim lessons.

Aquatics Participant Name (first, last): _____

Group Lessons:

_____ Session 1: July 10-28th (3 weeks)

_____ Session 2: July 31st-August 25th (4 weeks)

<u>Starfish I</u>	<u>Starfish II</u>	<u>Starfish III</u>
_____ Tues/Thurs 10:15 am	_____ Tues/Thurs 10:45 am	_____ Tues/Thurs 11:15 am
_____ Tues/Thurs 4:30 pm	_____ Tues/Thurs 5:00 pm	_____ Tues/Thurs 5:30 pm
_____ Saturday 10:15 am	_____ Saturday 10:45 am	_____ Saturday 11:15 am

<u>Stingray I</u>	<u>Stingray II</u>
_____ Tues/Thurs 11:45 am	_____ Tues/Thurs 12:15 pm
_____ Tues/Thurs 6:00 pm	_____ Tues/Thurs 6:30 pm
_____ Saturday 11:45 am	_____ Saturday 12:15 pm

Summer Swim Team

_____ July 3rd - August 25th (8 weeks)

<u>Level 1 & 2</u>	<u>Level 3 & 4</u>
_____ Mon-Thurs 4:30-5:30 pm	_____ Mon-Thurs 5:30-6:30 pm



Summer Group Swim Sessions-Child			
Session 1	July 10th-28th (3 weeks)	Member	Non-Member
	1 lesson/week	\$30	\$45
	2 lessons/week	\$60	\$90
Session 2	July 31st-August 25th (4 weeks)		
	1 lesson/week	\$40	\$60
	2 lessons/week	\$80	\$120

Summer Swim Team-Child			
July 3rd – August 25th (8-week session)			
		Member	Non-Member
	1 st Child	\$180	\$210
	2 nd Child (Sibling)	\$90	\$105
<p>*Swim team practices Monday-Thursday 4:30-5:30 level 1&2, 5:30-6:30 level 3&4 *Swimmers must be able to swim 25 yards of freestyle and backstroke, independently and unassisted. *All children interested in participating must be evaluated by a Swim Team Coach for level placement. *Includes optional participation in area swim meets (dates to come)</p>			

Child					
Private Swim Lessons (1 person)			Semi-Private Swim Lessons \$/person		
	Member	Non-Member		Member	Non-Member
1 pack	\$25	\$35	2 ppl/1 pack	\$18	\$28
4 pack	\$96	\$136	2 ppl/4 pack	\$70	\$110
8 pack	\$188	\$268	2 ppl/ 8 pack	\$136	\$216
12 pack	\$264	\$384	2 ppl/ 12 pack	\$186	\$306
			3 ppl/ 1 pack	\$15	\$25
			3 ppl/ 4 pack	\$58	\$98
			3 ppl/ 8 pack	\$112	\$192
			3 ppl/ 12 pack	\$162	\$282

Adult					
Private Swim Lessons (1 person)			Semi-Private Swim Lessons \$/person		
	Member	Non-Member		Member	Non-Member
1 pack	\$30	\$40	2 ppl/1 pack	\$23	\$33
4 pack	\$116	\$156	2 ppl/4 pack	\$88	\$128
8 pack	\$228	\$308	2 ppl/ 8 pack	\$172	\$252
12 pack	\$324	\$384	2 ppl/ 12 pack	\$240	\$360



Swim Level Descriptions

Beginner Water Safety Program:

Children must be independent in the water without parent and 3 years or older.

Starfish I:

Participants will learn to put eyes in the water, starfish float on back with assistance, blow bubbles, and increase comfort and independence in the water.

Starfish II:

Participants will learn to kick on back/front half a length of pool w/ kickboard, rollovers into floats, U-turns from wall/step, independent front/back starfish floats, and diving for toys.

Starfish III:

Participants will learn independent kicking on back length of pool, rollovers into floats length of pool, diving for toys in deep end with assistance, and side-kicking with assistance.

*All water safety classes will be held in the warm therapy pool.

Stroke Development Program:

Children must have successfully passed all water safety classes or given placement by instructor.

Stingray I:

Participants will learn backstroke arm pulls with kicking, side-kicking with arm pulls, streamline arms/kicking from wall, sitting dives at deep end, and intro to dolphin and breast stroke kicking.

Stingray II:

Participants will perform backstroke and freestyle for length of therapy pool, sitting dives from deep end with streamline arms/kicking, elementary backstroke, intro to butterfly and breast stroke, and intro to sitting dives and kicking with kick board 25 yds. in lap pool.



Aquatics Participant Registration

Participant Name _____	DOB ____/____/____	Age _____
Parent/Guardian Name _____		
Email Address _____	Cell# _____	
HFAC Member _____ Y _____ N		
Which program is your child participating in?		
Group Swim _____	Private Swim _____	Swim Team _____

My child has participated in the following swim programs (facility, mo/yr):

The most recent level my child passed was (level, mo/yr): _____

Group Swim/Swim Team

<u>I am registering my child/self for:</u>
Session: _____
Level: _____
Time/days: _____

Payment

\$ _____ Charge HFAC account (members only)

\$ _____ I paid with my debit/credit card or check at the club concierge desk

MEDICAL HISTORY/CONDITIONS:

List any medical history/conditions (allergies, learning disabilities, etc.)

I give permission for my child/myself listed above to participate in the Hawthorn Farm Athletic Club's aquatics program named above. I agree to follow, and have my child follow all HFACs rules and policies for participation in the group swim, private swim, or swim team programs. If my child is under age nine (9) I understand that as a parent/guardian I am required to remain on the pool deck the entire duration of my child's participation in any HFAC swim program. I agree to hold harmless Hawthorn Farm Athletic Club and its staff for any injury incurred resulting from my child's or my own participation in this program. In the event of an emergency in which my child or myself may require medical attention, Hawthorn Farm Athletic Club has permission to take or transport or transport my child or myself via ambulance at my expense to the nearest medical facility and to authorize such medical treatment as deemed necessary by medical staff. I understand that in the event of an emergency Hawthorn Farm Athletic Club will attempt to notify me as soon as possible at the telephone number listed above.

Adult Participants Signature _____ **Date** ____/____/____

Parent/Gardians Signature _____ **Date** ____/____/____



PRIVATE SWIM LESSON AGREEMENT

Swimmers Name:	Swimmers Member #
# of Sessions Purchased: ___ 1 pack ___ 4 pack ___ 8 pack ___ 12 pack	Date Purchased:

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- Private swim lesson packages expire 60 days from purchase date for a 1 or 4 pack, and 90 days from purchase date for an 8 pack. All swim lesson purchases are non-refundable after 3 days from purchase date.
- HFAC offers a 10% discount for family members purchasing swim packages at the same time.
- If a swimmer is ill, traveling or cannot make a swim lesson for any reason, please cancel or reschedule within 24 hours. Swimmers who do not show up or cancel with less than 24 hour notice will lose that lesson!
- Private Swim Sessions are 30 minutes and may not be split between multiple participants.
- Swim instructors are subject to change. Refunds will not be provided due to change of instructor
- Each time a session is serviced the client must sign off on this designated form. Sessions must be purchased prior to the lesson beginning.
- Parent/Guardians may not leave the swim deck during swim lessons for children under the age of 9 and must be available to help young swimmers use the toilet if needed. Non-toilet trained children are required to use a swim diaper and cover.

Aquatics Participation Risk and Liability Release

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