




TRADE YOUR CUP O' JOE FOR A
MORNING GO!
BOOTCAMP

-  **All Levels, Full-Body Circuit Workouts**
-  **Coaching in Form, Function & Safety**
-  **Great way to start a New Year!**

Starts January 2

WHEN: 6:30 am, Tuesday & Thursday

WHERE: Gymnasium

COST - Automatic Billing:

\$100/month for 1 day/wk (2-mos committment)

\$160/month for 2 days/wk (2-mos committment)

\$30 Drop-In



Notice 10-days before end of month to Cancel Auto-Bill